

PLAN AND PREPARE COLD WATER KILLS



PLAN & PREPARE

Winter brings a greater risk of hypothermia to boaters exposed to the elements. Capsizing in cold water can be life-threatening. So plan and prepare to avoid hypothermia;

- Minimise your capsize risk
- Check the weather. If in doubt, don't go out
- Wear warm and wet weather gear
- Lifejackets on in rough conditions
- Children should wear lifejackets at all times
- In the water, don't swim. Remain with your craft in the "huddle" position
- Remember, alcohol increases the body's heat loss

For more information see our website or call the info line.

**YOU'RE THE SKIPPER
YOU'RE RESPONSIBLE!**